2019 AWAY BAND CAMP PACKING LIST & HELPFUL HINTS

Modesty is a must at all times, including your language

- Shorts – No extremely short shorts
- T-shirts and tank tops – No spaghetti straps or cami’s, no inappropriate sayings or designs
- Bathing Suit – Females: No bikinis, one-piece suits only. Males: Modest length (no Speedos, etc). This is an enforced policy by Michindoh staff. Students not dressed appropriately will not be allowed to participate. A cover-up (dark t-shirt, etc) is strongly encouraged when coming and going from the waterfront
- Warm clothes – jeans and a sweatshirt or jacket – it may get cool at night (jeans for paintball players)
- A “casual-nice” outfit for the dance (i.e. shorts and a polo, casual skirt, etc.)
- Extra clothes (just don’t overdo it, you have to carry your own luggage)
- Personals – p.j.’s, underclothes, etc. (Note: bathhouses are disconnected from housing)
- At least 2 pairs of good white socks per day (minimum of 10 pairs)
- Supportive, broken in athletic shoes + an extra pair of athletic shoes
- Sandals or flip-flops (feet need time to air out after all the marching!)
- Rain gear – raincoat or poncho (hint: pack a few dollar store ponchos that can be tossed)
- Personal hygiene products – no glass containers
- Beach Towel and Bath towels. Towels will be hung to dry; you may want more than one
- Sleeping bag and pillow, or bedding for a twin bed (for twin-sized bunk beds)
- Something to put dirty clothes in (can liners), 2 plastic hangers for hanging wet items of the side of your bunk
- Snacks (must be kept sealed containers / baggies to keep bugs and vermin away)
- Marching supplies – personal water bottle, music flip folder with 8-12 windows, lyre, personal field marker, pencil, highlighters (2-3 colors), “dot books”, hat, and sunglasses
- Sunscreen and insect repellent (for personal use if not using what is donated to the band)
- Cinch sack or small backpack to carry marching supplies, rain gear, sunscreen and insect repellent to and from rehearsals
- Alarm clock, flash light, fan (suggestion: coordinate one box fan per housing unit)
- iPod/MP3 player, cell phone, book, for down time. Don’t forget your charger and cable, earbuds/headphones, and a multi-outlet extension cord/power strip
- Ankle and/or knee support braces, if worn/needed
- Spending money (cash only) for things like pop, candy, ice cream, etc. The camp store a limited amount of clothing and souvenirs

Leave these items home

- Televisions / Projectors / DVD Players
- Game consoles that need to be plugged into a TV or monitor (examples include X-Box, PlayStation, Wii / WiiU)
- Rollerblades / Rollerskates / Skateboards
- Kitchen appliances of any kind: coffee makers, microwaves, etc.
- Anything that is in violation of the Utica Community Schools handbook and/or illegal for anyone under 18 to possess. This includes pocket knives. If you’d get in trouble for having it at school, it does not belong at band camp.
- Beverages of any type. If you’d like a bottled water for your room, it will be provided to you at the marching field following evening rehearsal. Don’t bring your cooler hoping to get ice.
- Vitamins, supplements, and any medications (prescription or non-prescription) that have not been accounted for on the Medical / Allergy Information Form and checked in with our nursing staff.
HELPFUL HINTS

• **SOCKS AND SHOES MUST BE WORN ON THE MARCHING FIELD AT ALL TIMES – NO SANDALS.** Shoes and socks protect your feet from injury, sunburn and insect stings. Don’t bring brand new shoes – break them in before camp to prevent painful blisters

• Wear sandals or flip flops during down time to air out your feet. Shower shoes are recommended

• Chafing is another common issue – look for anti-chafing products in the drugstore

• **Mark your name or initials on clothing and belongings** (especially on band gear, as everyone has the same t-shirts, etc.)

• Bring light colored clothing for marching – dark colors absorb the heat

• Dryer sheets in your luggage can help keep things smelling better – bugs don’t like them either

• **EAT and DRINK** properly at camp, this is not the time for diets; you will need energy and fluids to participate.

• Get proper rest. You will be tired from marching and wakeup call is early. Do not socialize in your cabin too late at night

• Michindoh does not provide pop at meals; all pop is at your expense from machines located in the Lodge or the Snack Shack, cash only.

• The Snack Shack will be open from 1 – 5 PM daily; students will have access from roughly 3 – 5 PM, following sectionals. Cash only.

• Chaperones / Stafferones will not be able to provide ice to your housing – don’t ask

• Your stafferones are there for you - ask them for advice first

• **Attitude + Respect + Commitment = Success**

More information will be coming soon about the possibility of playing paintball at camp. If Michindoh is able to staff this activity, games will be $17 per person, with $5 in-game paintball refills, payable in cash only at the time of game while at camp. Absolutely NO IOUs.

Again, if we are able to offer paintball, an online signup will be provided during home camp so those playing have an understanding of how much cash they will need.